

Nederlandse Culturele Sportbond

NCS-Zwemkampioenschappen 2011 Limiet en vervangende tijden

1^e Dag (13 maart 2011, organiserende vereniging Watervrienden Almere)

		<u>Cat.</u>		<u>Limiet</u>	<u>Verv. tijd</u>
1	100m vrij Heren	93 e.e.	F	0,57.0 *	0,59.0 *
2	200m vrij Dames	93 e.e.	F	2,29.0 *	2,31.0 *
3	100m school Heren	94 -95	E	1,20.0 *	1,24.0 *
4	200m school Dames	94 -95	E	3,18.0 *	3,23.0 *
5	200m rug Heren	96 -97	D	2,56.0	3,03.0
6	100m rug Dames	96 -97	D	1,23.0	1,26.0 *
7	100m vlinder Heren	98 -99	C	1,42.0	1,48.0
PAUZE					
8	200m school Heren	93 e.e.	F	2,48.0	2,51.0 *
9	100m school Dames	93 e.e.	F	1,26.0 *	1,30.0 *
10	100m vlinder Heren	94 -95	E	1,14.0	1,16.0 *
11	200m vlinder Dames	94 -95	E	3,28.0	3,38.0
12	100m wissel Heren	96 -97	D	1,18.0	1,23.0
13	200m wissel Dames	96 -97	D	3,05.0	3,10.0
14	100m vrij Dames	98 -99	C	1,20.0	1,23.0
PAUZE					
15	100m rug Heren	93 e.e.	F	1,08.0 *	1,10.0 *
16	200m rug Dames	93 e.e.	F	2,50.0	2,56.0 *
17	200m wissel Heren	94 -95	E	2,40.0	2,46.0
18	100m wissel Dames	94 -95	E	1,20.0	1,24.0
19	200m vrij Heren	96 -97	D	2,38.0	2,43.0
20	100m vrij Dames	96 -97	D	1,13.0 *	1,15.0 *
21	100m school Heren	98 -99	C	1,38.0	1,43.0
PAUZE					
22	200m wissel Dames	93 e.e.	F	2,53.0 *	3,00.0 *
23	100m wissel Heren	93 e.e.	F	1,06.0 *	1,08.0 *
24	200m rug Heren	94 -95	E	2,43.0	2,50.0
25	100m rug Dames	94 -95	E	1,22.0	1,27.0
26	100m vlinder Heren	96 -97	D	1,23.0	1,28.0
27	200m vlinder Dames	96 -97	D	3,33.0	3,45.0
28	100m wissel Dames	98 -99	C	1,30.0	1,32.0
PAUZE					
29	200m vlinder Heren	93 e.e.	F	2,36.0 *	2,43.0 *
30	100m vlinder Dames	93 e.e.	F	1,20.0	1,25.0
31	100m vrij Heren	94 -95	E	1,03.0	1,06.0
32	200m vrij Dames	94 -95	E	2,35.0	2,45.0
33	200m school Heren	96 -97	D	3,10.0	3,18.0
34	100m school Dames	96 -97	D	1,33.0	1,36.0
35	100m rug Heren	98 -99	C	1,27.0	1,32.0
PAUZE					
36	4x100m vrij est. Heren	Open		4,10.0	4,15.0
37	4x100m wissel est. Dames	Open		5,30.0	5,50.0

* => Gewijzigde tijd

Nederlandse Culturele Sportbond

2^e Dag (20 maart 2011, organiserende vereniging Pijnackerse Watervrienden)

		<u>Cat.</u>	<u>Limiet</u>	<u>Verv. tijd</u>
1	200m vrij Heren	93 e.e. F	2,08.0 *	2,13.0 *
2	100m vrij Dames	93 e.e. F	1,06.0 *	1,09.0 *
3	200m school Heren	94 -95 E	2,58.0	3,08.0
4	100m school Dames	94 -95 E	1,32.0	1,36.0 *
5	100m rug Heren	96 -97 D	1,18.0	1,22.0
6	200m rug Dames	96 -97 D	3,00.0	3,10.0
7	100m vlinder Dames	98 -99 C	1,36.0	1,41.0
PAUZE				
8	100m school Heren	93 e.e. F	1,16.0	1,18.0
9	200m school Dames	93 e.e. F	3,08.0 *	3,14.0 *
10	200m vlinder Heren	94 -95 E	3,00.0	3,08.0
11	100m vlinder Dames	94 -95 E	1,23.0 *	1,30.0 *
12	200m wissel Heren	96 -97 D	2,55.0	3,00.0
13	100m wissel Dames	96 -97 D	1,23.0 *	1,27.0 *
14	100m vrij Heren	98 -99 C	1,15.0	1,18.0
PAUZE				
15	200m rug Heren	93 e.e. F	2,31.0 *	2,36.0 *
16	100m rug Dames	93 e.e. F	1,18.0	1,21.0
17	100m wissel Heren	94 -95 E	1,12.0	1,16.0
18	200m wissel Dames	94 -95 E	2,58.0	3,08.0
19	100m vrij Heren	96 -97 D	1,09.0	1,12.0
20	200m vrij Dames	96 -97 D	2,45.0 *	2,50.0 *
21	100m school Dames	98 -99 C	1,40.0	1,43.0
PAUZE				
22	100m wissel Dames	93 e.e. F	1,17.0 *	1,20.0 *
23	200m wissel Heren	93 e.e. F	2,28.0 *	2,34.0 *
24	100m rug Heren	94 -95 E	1,13.0	1,16.0 *
25	200m rug Dames	94 -95 E	2,55.0	3,05.0
26	200m vlinder Heren	96 -97 D	3,20.0	3,30.0
27	100m vlinder Dames	96 -97 D	1,29.0 *	1,33.0 *
28	100m wissel Heren	98 -99 C	1,30.0	1,36.0
PAUZE				
29	100m vlinder Heren	93 e.e. F	1,07.0	1,11.0
30	200m vlinder Dames	93 e.e. F	3,10.0	3,20.0
31	200m vrij Heren	94 -95 E	2,23.0	2,28.0
32	100m vrij Dames	94 -95 E	1,10.0	1,14.0
33	100m school Heren	96 -97 D	1,28.0	1,33.0
34	200m school Dames	96 -97 D	3,25.0	3,30.0
35	100m rug Dames	98 -99 C	1,29.0	1,33.0
PAUZE				
36	4x100m wissel est. Heren	Open	4,45.0	4,55.0
37	4x100m vrij est. Dames	Open	4,45.0	5,05.0

* => Gewijzigde tijd